The Socially Responsible Beach Guide

**Follow Government advice:**
Follow Governments social distancing advice at all times.

**Check the water quality**
Download and check the Safer Seas Service App for water pollution alerts.

**Be prepared**
Check the weather forecast and remember your refillable water bottle, ocean friendly sun cream and some warm clothes.

**Tell someone**
Let someone know where you’re going and when you’ll be back.

**Stay local**
Walk or drive to your nearest beach where possible, not your favourite beach.

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**Be aware**
Obey all signage and if available, be sure to follow lifeguard’s advice at all times. Remember, the tides and wind can rapidly change.

**Keep your distance**
Observe social distancing and keep 2m apart from others, including when you’re in the water. If it’s too busy, comeback later.

**Know your limits**
We aren’t all pro’s, so swim, surf and enjoy the water within your abilities and let’s help protect our emergency services.

**Enjoy it**
The water is great for mind and body so enjoy it, be thankful for it and help look after it.

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**Do a mini beach clean**
Take everything you came with home and if you see rubbish please pick it up. Every piece of plastic pollution removed from the beach is a victory for the ocean.

**Home time**
Avoid gathering in groups and head home as soon as you’re done. Don’t forget to wash your hands and gear, as soon as possible.

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**Stay Sea Safe**

**Beach Bound**