# RESCONSIBLE

# STAY SEA SAFE

## Follow Government advice:

Follow Governments social distancing advice at all times.





**BEACH BOUND** 



# Check the water quality

Download and check the Safer Seas Service App for water pollution alerts.



# Be prepared

Check the weather forecast and remember your refillable water bottle, ocean friendly sun cream and some warm clothes.



### Tell someone

Let someone know where you're going and when you'll be back.



### Stay local

Walk or drive to your nearest beach where possible, not your favourite beach.

# AT THE BEACH



# Be aware

Obey all signage and if available, be sure to follow lifeguard's advice at all times. Remember, the tides and wind can rapidly change.



# **Keep your distance**

Observe social distancing and keep 2m apart from others, including when you're in the water. If it's too busy, comeback later.



# **Know your limits**

We aren't all pro's, so swim, surf and enjoy the water within your abilities and let's help protect our emergency services.

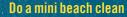


# Enjoy it

The water is great for mind and body so enjoy it, be thankful for it and help look after it.



# **HEADING HOME**



Take everything you came with home and if you see rubbish please pick it up. Every piece of plastic pollution removed from the beach is a victory for the ocean.



## **Home time**

Avoid gathering in groups and head home as soon as you're done. Don't forget to wash your hands and gear, as soon as possible.



