

Mucky Monitoring Steps:

1. Select your beach. You will not need permission to carry out an individual monitoring event, but please make sure you are allowed access to the beach.
2. Download and print the Mucky Monitoring Event Form
3. Carry out your Mucky Monitoring Event (instructions on the event form)
4. Identify the most littered 1m² area you have monitored and count the number of Sewage Related Debris in it.
5. Spell out your beach name and #TBYF using Sewage Related Debris (cotton bud sticks are ideal for this) and share the images on social media using #TBYF and Surfers Against Sewage handles. This is also chance to challenge some of the industry leaders by tagging them in
6. Collect all the Cotton Bud sticks you can find (we will use these later – see below)
7. Submit your completed form back to SAS

The Think Before You Flush Beach Cleanliness scale*:

<u>Items of Sewage Related Debris per 1m²</u>	<u>Cleanliness level</u>
0	Very Clean
1-3	Minimal Sewage Related Debris present
4-10	Moderate Sewage Related Debris present (TAKE ACTION!)
11-24	Dirty (TAKE ACTION!)
25+	Very Dirty (URGENT ACTIONS NEEDED!)

*The TBYF Cleanliness scale is based on the International Foundation for Environmental Education criteria for cleanliness using the Beach Litter Measuring System



Name of beach: _____

Mucky Monitoring Sheet

Date:

Start Time:

End Time:

Estimated Length of Beach:

Number of Beach Cleaners:

Thank you for volunteering your time and effort through doing a SAS Monitoring event. Your data will help scientists and policy makers further understand the extent of the marine litter pollution problem, in particular the impact of Sewage Related Debris. Unfortunately we cannot use your data if it is written down wrong or if it is missing information, so please ensure you read the next steps carefully.

- 🕒 Identify and monitor the worst 50m section of your beach.
- 🕒 Complete the number of items you find on the beach using the categories below.
- 🕒 If you cannot identify an item please take a photo of it. This can then be added to the survey data later on.
- 🕒 Please ensure all litter recorded is also removed from the beach.
- 🕒 Record how many items of Sewage Related Debris are in the dirtiest 1m² section of your beach.

Thank you and enjoy your event!

<u>Item</u>	<u>Total Count</u>
Cotton bud sticks	
Wet wipes	
Tampon applicators / tampons	
Nappies	
Other (specify):	
How many items of Sewage Related Debris are in the dirtiest 1m² of your beach?	

Next Steps:

- 🕒 Using your cotton bud sticks, spell out the name of your beach and #TBYF. Take a picture and share it on social media
- 🕒 Send SAS your completed monitoring form and any collected cotton bud sticks
- 🕒 Invite your MP to come and walk the beach with you to discuss the problem
- 🕒 Guerrilla TBYF sticker your local area
- 🕒 Repeat monitoring 4x per year (Winter, Spring, Summer and Autumn monitoring)

