

**Cleanliness level: Minimal Sewage Related Debris present**

**Recommended Actions:**

**Personal or Individual Change**

- Never use your toilet as a wet bin, only ever flush the 4 p's Poo, Pee, Paper, and Puke
- Share your Sewage Related Debris #TBYF images across social media with friends and family, encouraging them to understand the importance of the issue

**Industry**

- Share your sewage related debris #TBYF image on social media and include the handles of some of the industry manufacturers. Let them know you care and that you are asking them to change the way their products are advertised to ensure they are disposed of appropriately.

**Government**

- If your MP isn't already a member, ask them to join the Protect Our Waves All Party Parliamentary Group

The SAS team is on hand to help you carry out your Think Before You Flush actions and will follow up with you to see how your campaign is going. The problem of Sewage Related Debris will not go away without positive behavioral change. If you only carry out one action as a result of this campaign, make sure you – THINK BEFORE YOU FLUSH.

