

Simply tally up the items you find as you go, or at the end of your clean, and then upload the results to our online form by scanning the QR code on the front cover.

Location:

Date of Clean:

PAPER / CARDBOARD	TALLY
Cardboard	
Cartons e.g. Tetrapak (milk)	
Cartons e.g. Tetrapak other	
Newspaper / magazine	
Paper / cardboard bag	
Paper / cardboard swab / stick	
Paper / cardboard cup (e.g. coffee cup)	
Paper / cardboard other	
RUBBER	TALLY
Balloon	
Rubber tyres and belts	
Rubber other	
GLASS AND CERAMIC	TALLY
Glass bottle between 150ml - 3L	
Glass bottle - other size	
Light bulbs / tubes	
Ceramics	
Glass / ceramics other	
WOOD	TALLY
Processed / worked wood	
Wooden cutlery / lolly stick	
Wood other	
TEXTILES	TALLY
Clothing / shoes / towels	
Furnishing	
Sacking	
Shoes (leather)	
Textiles other	

Miles Cleaned:

Number of Volunteers:

Bags of Rubbish Collected:

Kg of Fishing Gear Collected:

Total Kg of Rubbish Collected:

PLASTICS	TALLY
Biobeads	
Crisp / sweet packet	
Nurdles	
Plastic 4 or 6 pack rings	
Plastic / foil drink pouch	
Plastic / polystyrene food container	
Plastic bag	
Dog poo bag - used	
Plastic mesh bag (e.g. vegetable)	
Plastic / polystyrene cup (e.g. coffee cup)	
Plastic / polystyrene cup lid	
Plastic drink bottle PET 150ml - 3L	
Plastic drink bottle other sizes	
Plastic cosmetic bottle (e.g. shampoo)	
Plastic bottle other (non-drink)	
Plastic bottle cap	
Plastic cutlery / tray / tub / straw	
Plastic container / drum / jerry can	
Plastic cotton swab / lollipop stick	
Plastic foam / polystyrene / sponge	
Plastic fragments	
Plastic other	
METALS	TALLY
Aerosol / spray can	
BBQ (disposable)	
Can (drink)	
Can (food)	
Foil wrapper	
Metal cap / lid	
Oil drum	
Metal other	

MEDICAL	TALLY
Medical container / tube / pill packet	
Single use face mask	
Single use gloves - plastic	
Syringe / needle	
Medical other	
FISHING	TALLY
Crab / lobster pots & tops	
Fishing line	
Fishing net and rope 0-50cm	
Fishing net and rope 50cm+	
Fishing weights / hooks / lures	
Floats / Buoys	
Fishing other	
SMOKING	TALLY
Cigarette / Cigar	
Cigarette butt	
Cigarette packaging	
Lighter	
Vape / E-Cigarette	
Smoking other	
PERSONAL CARE	TALLY
Condom	
Nappy	
Period towel / panty liner / backing strip	
Tampons and applicators	
Wet wipe	
Personal care other	
OTHER	TALLY
Electrical appliance	
Paraffin / wax	
Shotgun cartridge	
OTHER (PLEASE SPECIFY)	TALLY

BRAND AUDIT SHEET

WHAT IS A BRAND?

We want you to record the brand name - under which individual products are sold e.g. Cadbury. This is usually placed above the products name, or on the reverse of the packaging.

NOTE: Sometimes the product name and the brand name will be the same, for instance the brand Mars sell the product Mars bar.

BRAND NAME

TALLY



THE PEOPLE VS. PLASTIC

THE TOXIC TIDE OF PLASTIC POLLUTION IS RISING. BUT THE PEOPLE ARE RISING UP TOO.

We're going up against the big polluters and systems keeping us trapped in plastic. It's time to end the consumer blame game and make the profiteering polluters accountable for their waste.

Get ready, because we're about to turn up the heat and shake the status quo. And trust us, you won't want to miss it.

Together, we can turn the tide and put an end to plastic pollution. Join the People Vs. Plastic fight today.

How does your data collection make an impact?

Collecting Citizen Science data during cleans is a

powerful and essential way to shift the responsibility away from us and back onto the profiteering polluters responsible.

Every bit of data you collect helps to fuel our fight. Together, we can build irrefutable data to demand change, push vital legislation through the door and hold polluters to account. By exposing the worst offending items and brands, we'll make sure the UK Government takes urgent action to bring about essential, legally-binding policies that deliver the Zero Waste Economy they promised. And we won't stop until we win.

Scan the QR code to find out how else you can take action against plastic. Any questions contact us at: PeopleVsPlastic@sas.org.uk



MILLION MILE CLEAN DATA COLLECTION SHEET

COLLECT VITAL PLASTIC POLLUTION DATA AND JOIN THE UK'S LARGEST PLASTIC POLLUTION BRAND AUDIT

Become a citizen scientist, and help to collect irrefutable data on plastic pollution, whilst working to identify the big businesses most responsible for plastic pollution around the nation.

Together we're tackling avoidable single-use plastic by building a nationwide plastic pollution database, and naming and shaming the

top polluting brands - The Dirty Dozen. During or after your clean, simply tally up the items you've found, as well as the brand names identified.

Upload your findings by scanning the code below or visiting: www.sas.org.uk/plastic-pollution/million-mile-clean/submit-your-results/

Any issues contact us at: MillionMileClean@sas.org.uk

