



# MARK THE TIDE

It won't stick around



**OCEAN  
SCHOOL**  
SURFERS AGAINST SEWAGE



All Ages



5 Mins



Outdoors

Is the tide coming in or going out? It can be hard to know when you first arrive, so this activity is a good way to find out.

### Do

- Grab a stick from the beach.
- Stick it in the ground where the water comes to.
- At the end of Ocean School, check to see if your stick is further from the sea, or if it's been washed away. This will tell you how much the tide has moved, and whether it's gone in or out.

### Discuss

- How far has the tide moved?
- Did anyone notice the tide moving?
- How can we be careful around the sea to make sure we don't get caught by the tide?

### Prepare

- A stick.
- A backup stick, in case the first one gets accidentally beach-cleaned.

### Learn

- Tide times and levels.
- Basic beach safety.



**70%** of the world's surface is covered by ocean.



# GET THE MOST FROM OCEAN SCHOOL

Mark the Tide is a **Connect** activity, all about feeling closer to the sea and getting Ocean School off to a relaxing start. We'd recommend following this up with an **Explore** exercise to help you investigate important issues, and a **Protect** task to put everything you've learned into action.



Share your Ocean School story here:

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